

Elementary Hot Lunch December 2023

Slogan Winner- "A nutritional meal equals a happy brain and a healthy heart – Let's Eat Smart!"
by **Kenydi M, grade 4, from St. Frances Cabrini**



Nutritional Development Services- Archdiocese of Philadelphia
222 N 17th St, Philadelphia, PA 19103
215-895-3470, option 1
f NDSSchoolLunchProgram
i SchoolMealsNDS
t SchoolMealsNDS

DECEMBER IS NATIONAL PEAR MONTH!

Celebrate by reaching for PEARS on 12/12, 12/22 and throughout the month when offered!



Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>210 Cheese Stuffed Breadsticks & 622 Marinara 631 Cherry Star Vegetable Juice 749 Apple Cherry Juice 933 Cinnamon Tiger Grahams</p>	<p>5</p> <p>218 Mozzarella Pinwheel & 624 Green Beans 621 Celery 670 Fresh Fruit</p>	<p>6</p> <p>221 Two Cheese Chicken Quesadilla 630 Dragon Punch Vegetable Juice 611 Bagged Baby Carrots 670 Fresh Fruit 992 Oatmeal Cookie</p>	<p>7</p> <p>263 5" Round Cheese Pizza 706 Romaine Salad with Cherry Tomatoes 697 Bagged Sliced Apples</p> <p>ORDER DUE 11-10</p>	<p>8</p> <p>No School</p> <p><i>Feast of Immaculate Conception</i></p>
<p>11</p> <p>209 Taco Meat 630 Dragon Punch Vegetable Juice 620 Salsa 752 Fruit Punch Juice 941 Tostitos Scoops</p>	<p>12</p> <p>206 French Toast with Sausage & 623 Tater Tots 631 Cherry Star Vegetable Juice 670 Pear</p>	<p>13</p> <p>205 Popcorn Chicken & 603 Baked Beans 633 Sunset Sip Vegetable Juice 658 Cherry Craisins 932 Cinnamon Scooby Snacks</p>	<p>14</p> <p>270 Turkey Pepperoni Calzone 708 Romaine Salad with Spinach & Chickpeas 670 Fresh Fruit OR 682 Banana</p>	<p>15</p> <p>201 Cheeseburger with Bun 611 Bagged Baby Carrots 542 Harvest Pumpkin Hummus 749 Apple Cherry Juice</p> <p>ORDER DUE 11-10</p>
<p>18</p> <p>281 Popcorn Chicken with Roasted Potatoes 611 Bagged Baby Carrots 686 Wild Berry Rosati Ice 993 Candy Cane Holiday Cookie</p>	<p>19</p> <p>210 Cheese Stuffed Breadsticks & 622 Marinara Sauce 630 Dragon Punch Vegetable Juice 650 Strawberry Banana Smoothie</p>	<p>20</p> <p>215 Taco Stick 620 Salsa 632 Wango Mango Vegetable Juice 658 Cherry Craisins 941 Tostitos Scoops</p>	<p>21</p> <p>272 Buffalo Chicken Calzone 706 Romaine Salad with Cherry Tomatoes 670 Fresh Fruit</p> <p>ORDER DUE 11-17</p>	<p>22</p> <p>11:30 Dismissal</p>
<p>25</p>	<p>26</p>	<p>27</p> <p><i>Happy Holidays!</i></p>	<p>28</p>	<p>29</p>
<p>1</p> <p><i>Happy New Year!</i></p>	<p>2</p> <p>295 Meatloaf with Gravy & Mashed Potatoes 630 Dragon Punch Vegetable Juice 690 Apple Crisps 939 Heartzel Pretzels</p>	<p>3</p> <p>269 Pizza Calzone 623 Tater Tots 632 Wango Mango Vegetable Juice 686 Strawberry Lemonade Rosati Ice</p>	<p>4</p> <p>288 Mac & Cheese with Broccoli 633 Sunset Sip Vegetable Juice 647 Dole Mandarin Oranges 903 Maple Biscuit</p>	<p>5</p> <p>255 Pizza Boli 622 Marinara 625 Corn 657 Strawberry Craisins 993 Bell Holiday Cookie</p> <p>ORDER DUE 11-17</p>

ORDER EVERYDAY \$51.00/ MONTH

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items are suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.